

November 28<sup>th</sup> to 30<sup>th</sup> 2024

# CONSERVATIVE & INTERCEPTIVE REHABILITATION of TOOTH WEAR:

“a comprehensive treatment approach using adhesive techniques”

3day theoretical & practical program

by **Dr. Didier DIETSCHI**, D.M.D, PhD, Privat-Dozent

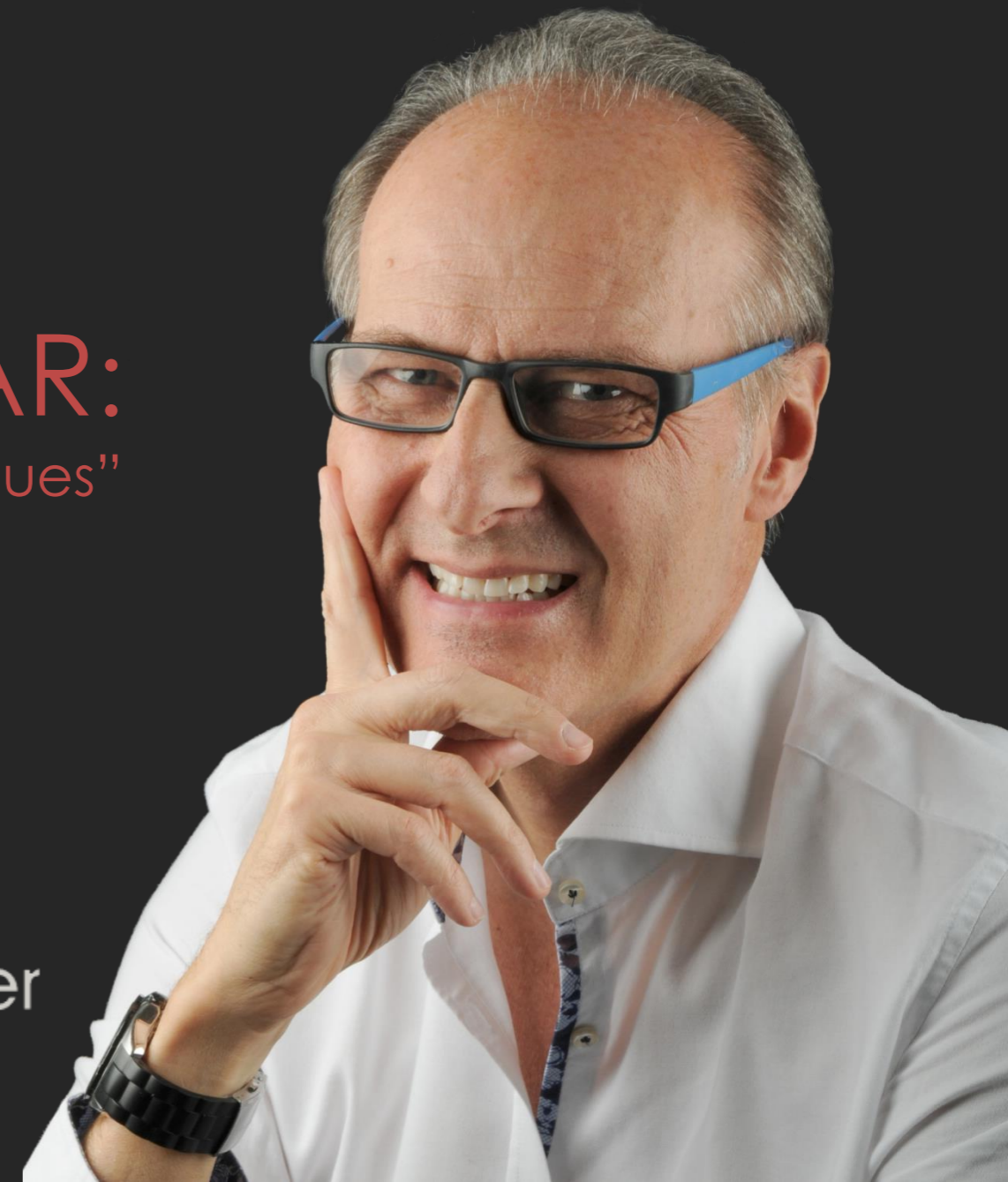


UNIVERSITÉ  
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## Day 1:

### Lecture:

- Etiology & incidence of tooth wear
- Diagnostic & global treatment planning
- Risk-factor oriented clinical rationale
- Laboratory steps & wax-up
- Occlusal concepts & DVO management
- Direct techniques for posterior teeth:
  - Wax-up guided free-hand
  - Partial molding (wax-up driven)
  - Full molding (wax-up driven)

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### Hands-on:

- Direct techniques (posterior teeth):
  - Free-hand build-up
  - Partial modeling technique with index

## Day 2:

### Lecture:

- Occlusal & functional considerations
- Proximal restoration anatomy
- Indirect techniques for posterior teeth:
  - The shell technique
  - Lab-made / CAD-CAM on-overlays
- Material choice: composite or ceramics?

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### Hands-on:

- Direct molding techniques with full index (posterior teeth):
  - Index fabrication
  - Single tooth & multiple teeth molding
  - Occlusal characterization
  - Finishing & polishing

## Day 3:

### Lecture:

- Anterior treatment of TW:
  - Incisal / facial / palatal areas
  - Direct, molded and indirect restorations
- Night guards: protective or therapeutic?
- Risk factors & case evolution
- Restoration longevity and long-term prognosis

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### Hands-on:

- Anterior function / incisal edge build-up:
  - Lingual restorations (direct & molded)
  - Incisal edge restoration: bi-laminar build-up for optimal esthetics

*Course Conclusions*

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